

BHARTIYA EDUCATION CHARITABLE TRUST'S

SHREEMATI SHANTIBAI OTARMAL JAIN AYURVEDIC MEDICAL COLLEGE & RUGNALAY , Nagothane

1st yr BAMS TIMETABLE

Day	Time					
	9.30 - 10.30	10.30 - 11.30	11.30 - 12.30	12.30 - 1.30	1.30 - 2.30	2.30 - 4.30 (Practical)
Monday	Sanskrit (Ms.Prajakta Ganorkar)	Rachana Sharir (Vd. Kranti Metkar)	Kriya Sharir (Vd. Vrushali Gayakwad)	Lunch	Samhita (Vd. Suchitra Kulkarni)	Batch A - Kriya Sharir (Vd. Reshma Madhavi) Batch B - Rachana Sharir (Vd. Shalmali Thube)
Tuesday	Rachana Sharir (Vd. Rakhi Sharma)	Sanskrit (Ms. Prajakta Ganorkar)	Kriya Sharir (Vd. Minakshi Kamble)		Samhita (Vd. Sapana Dhage)	Batch A - Rachana Sharir (Vd. Rakhi Sharma) Batch B - Kriya Sharir (Vd. Minakshi Kamble)
Wednesday	Rachana Sharir (Vd. Shalmali Thube)	Kriya Sharir (Vd. Reshma Madhavi)	Samhita (Vd. Archit Vaidya)		Sanskrit (Ms.Prajakta Ganorkar)	Batch A - Kriya Sharir (Vd. Reshma Madhavi) Batch B - Rachana Sharir (Vd. Nilofer Valla)
Thursday	Recreational Activity	Rachana Sharir (Vd. Rakhi Sharma)	Samhita (Vd. Sapana Dhage)		Padarth Vidnyan / Ayurved Ithihas (Vd. Varsha Mali)	Batch A - Rachana Sharir (Vd. Shalmali Thube) Batch B - Kriya Sharir (Vd. Reshma Madhavi)
Friday	Kriya Sharir (Vd. Minakshi Kamble)	Physical Education	Samhita (Vd. Varsha Mali)		Sanskrit (Ms.Prajakta Ganorkar)	Batch A - Kriya Sharir (Vd. Minakshi Kamble) Batch B - Rachana Sharir (Vd. Nilofer Valla)
Saturday	Samhita (Vd. Archit Vaidya)	Rachana Sharir (Vd. Nilofer Valla)	Kriya Sharir (Vd. Reshma Madhavi)		Padarth Vidnyan / Ayurved Ithihas (Vd. Varsha Mali)	Batch A - Rachana Sharir (Vd. Rakhi Sharma) Batch B - Kriya Sharir (Vd. Reshma Madhavi)



Apatel

Principal

Bhartiya Education Social Charitable Tr
Smt. Shantibai Otarmal Jain Ayurvedic Co
(Velshe), Tal. Roha, Dist. Raigar.