

DETAILS OF PRINCIPAL

NAME : DR- JOYTI RAVINDRA JANGALE

DATE OF BIRTH : 04th JANUARY 1984

TEACHER'S CODE : AYKC0064



REGISTRATION NUMBER: I 47420 A

EDUCATIONAL QUALIFICATION: M.D

DESIGNATION: PRINCIPAL

DATE OF JOINING: 01-08-2024

CONTACT NUMBER: 09819718214

E-MAIL: dr.jyotijangale@gmail

॥ श्री नाकोडा भैरवाय नगः ॥

॥ श्री ज्ञानेश्वर पार्श्वनाथाय नमः ॥

॥ श्री अंबेगाताय नमः ॥



HOSPITAL REG NO.-155 TRUST REG.-E521
INSTITUTION Id - AYU0819
MHHS COLLEGE CODE- 121113

भारतीय एज्युकेशन/सोशियल चॅरिटेबल ट्रस्ट संचलित
श्रीमती . शांतीबाई ओटरमल जैन
आयुर्वेदिक मेडिकल कॉलेज आणि रुग्णालय

मु. चेलशेत (नागोठणे) पो. पिणोंडे ता. रोहा जि. रायगड . पिनकोड-४०२१०६
रजि. नं. ई- ५२१ रायगड महाराष्ट्र भारत

Contact us - 02194 (222522)
Administration - 8779159348
Hospital - 9422855906

संदर्भ :- SSOJAR/APPOINTMENTORDER/2023-24/82 दिनांक :- 01/08/24

To,
Dr. Jyoti Manoj Jagtap
B101, Gayatri Heritage,
Sec- 20, Plot No- 37,
Kharghar, Panvel
Raigad -410210.

Appointment letter

Subject: - Appointment as principal in the Shrimati shantibai otarmal jain
ayurved medical college & rugnalaya

Sir/Madam,

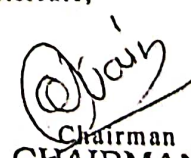
With reference to your application and subsequent interview, we are pleased to appoint you to the post of principal in the Shrimati shantibai otarmal jain ayurved medical college & rugnalaya w.e.f with following terms & conditions

1. Nature of appointment is regular
2. The salary is 1,35,000/- (One Lakh thirty five thousand)
3. The provision of EPF is applicable
4. You will be offering your medical expertise as O.P.D. and I.P.D. Physician in 8 Hrs rotational duty
5. You will be Conducting Camps and Other promotional activities as field work.
6. You will be responsible for the Hospital and Pharmacy Development (Aushadhikaran), Documentation cft required as per NCISM. norms and inspections for setting up new institute.
7. You will be governed by the Rules and Regulations of the Institute/ Management as well as service conditions as prescribed by the concer councils enforced now and as made from time to time.
8. Your appointment is on Probation /Adhoc Basis and continuation of the offer is subjective to the performance showed by you.
9. You will have to give one month's notice or one month's salary in lieu of the notice period while resigning the job.
10. Kindly write in your hand and sign the acceptance below this letter and e-mail the copy to the office along with the quired attested documents (2 Recent Passport size Photographs, Aadhar card, PAN card, Current Residential Proof, Registration Certificate, Degree Certificate, Additional Qualification Certificate.

Candidate's Declaration

I have gone through & understand the contents of this letter & accept the same by the same.

Name - Dr. Jyoti Jagtap
Place - Nagothane.

Signature - 
Date - 01/08/24.

Chairman
CHAIRMAN

SHRIMATI EDUCATION SOCIAL CHARITABLE TRUST
Nagothane, Tal- Roha, Dist- Raigad, 402103
Mharsaha (Incl)

Web site - www.ssojar.in | Email ID - jainayurvedacollege@gmail.com

DR. JYOTI RAVINDRA JANGALE

M.D. (KRIYA SHARIR)

DESIGNATION:

- WORKED AS AN **ASSIATANT PROFESSOR**, DEPARTMENT OF KRIYA SHARIR,
1. DR. G.D.POL FOUNDATIONS Y.M.T. AYURVEDIC COLLEGE, FROM 01/12/2014 TO
08/12/2022
- 2. SAMARTHA EDUCATION TRUST'S SAWKAR AYURVED COLLAGE, FROM 20/12/2022 TO
10/04/2022
- WORKING AS AN **ASSOCIATE PROFESSOR**, DEPARTMENT OF KRIYA SHARIR, FROM 11/04/22 TO
TILL DATE

PRESENT ADDRESS: C/O DR KASHIKAR, 406, 4TH FLOOR, ANANT APARTMENTS, COOPER COLONY, PLOT
NO 34, SATARA, 415001

PERMANT ADDRESS: C4/805, LOK EVEREST, J. S. D ROAD, MULUND WEST, MUMBAI 400080

E-Mail: dr.jyotijangale@gmail.com

CONTACT NO: 09819718214

DATE OF BIRTH: 4TH JANUARY 1984

LANGUAGE KNOWN: ENGLISH, MARATHI, HINDI, SANSKRIT

ACADEMIC PROFILE

YEAR	QUALIFICATION	SCHOOL/COLLEGE	UNIVERSITY/BOARD	% / CLASS
MARCH 2014	M. D. AYURVED (SHARIRKRIYA)	DR. G.D.POL FOUNDATIONS Y.M.T. AYURVEDIC COLLEGE.	MUHS NASHIK	PASSED
2012	M.D. AYURVED (SHARIRKRIYA)PRE- LIMINARY	DR. G.D.POL FOUNDATIONS Y.M.T. AYURVEDIC COLLEGE.	MUHS NASHIK	PASSED
FEB 2006	B.A.M.S. 3 RD	DR. G.D.POL FOUNDATIONS Y.M.T. AYURVEDIC COLLEGE.	MUHS NASHIK	66.14%
AUG 2004	B.A.M.S. 2 ND	DR. G.D.POL FOUNDATIONS Y.M.T. AYURVEDIC COLLEGE.	MUHS NASHIK	67.31%
DEC 2002	B.A.M.S.1 ST	DR. G.D.POL FOUNDATIONS Y.M.T. AYURVEDIC COLLEGE.	MUHS NASHIK	68.83%
2000	H.S.C.	RAMNIWAS RUIA COLLEGE, MATUNGA, MUMBAI	MUMBAI	65.17%
1999	S.S.S.	SANT DNYANESHWAR VIDHYALAYA	MUMBAI	76%

OTHER QUALIFICATION

2013	M. A. (SANSKRIT)	TILAK MAHARASHTRA.VIDHYAPITH (PUNE)	60%
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COMPUTER KNOWLEDGE

- GOOD WORKING KNOWLEDGE OF MS – OFFICE (WORD, EXCEL, POWER POINT & INTERNET)
- MS-CIT EXAM PASSED WITH DISTINCTION (95%)

WORK EXPERIENCE

- WORKED AS AN ASSISTANT PANCHKARMA SPECIALIST AT CHARAK PHARMA CLINIC FROM 2007-2009
- WORKED AS AN ALTERNATE MEDICINE PRACTITIONER, SHREE CLINIC AYURVEDA AND PANCHKARMA CENTER FROM 2009 TO 2014
- WORKED AS AN ASSISTANT PROFESSOR AT YMT AYURVED COLLEGE AND HOSPITAL FROM 2014 TO 2022
- WORKED AS AN ASSISTANT PROFESSOR AT SAMARTHA EDUCATION TRUST'S SAWKAR AYURVEDIC MEDICAL COLLAGE FROM DEC 2022 TO APRIL 2023
- WORKING AS AN ASSOCIATE PROFESSOR AT SAMARTHA EDUCATION TRUST'S SAWKAR AYURVEDIC MEDICAL COLLAGE FROM APRIL 2023 TO TILL DATE

RESEARCH ACTIVITY

1. COMPLETED A DISSERTATION TITLED "STUDY OF APANA VAYU KARMA WITH SPECIAL REFERENCE TO MATRABASTI OF KASHTARTAVA (PRI DYSMENORRHOEA)" WHICH HAS BEEN ACCEPTED BY MUHS NASHIK FOR THE AWARD OF M.D. AYURVEDA (SHARIRKRIYA).
2. PARTICIPATED IN SHARIR KRIYA SYLLABUS ORIENTATION WORKSHOP ON 6,7 FEBRUARY 2011 AT Y. M.T. AYURVED COLLEGE, KHARGHAR, NAVI MUMBAI.
3. PARTICIPATED IN "SARVABHAUM AYURVED" ORGANISED BY MAASD AT VASHI, NAVI MUMBAI ON 3 APRIL 2011.

4. PARTICIPATED IN NATIONAL CONFERENCE ON UPDATE PROCTOLOGY- ON 19,20 NOVEMBER 2011 AT Y. M.T. AYURVED COLLEGE, KHARGHAR, NAVI MUMBAI.
5. PARTICIPATED IN "HRUDAY ROG AND TWACHAROG VAIDNYANIK SANGOSHTI" SEMINAR ORGANISED BY MUMBAI MAHANAGAR AYURVED SAMMELAN ON 26 FEB 2012.
6. PAPER PRESENTED AT AYURVEDA TODAY CONFERENCE (AROGYA EXPO 2012) ON "EFFECT OF RAKTAMOKSHAN ON KUSHTA" AT BANDRA ON 20, 21, 22 APRIL 2012.
7. C.M.E. ATTENDED AT ST. GEORGE HOSP. ARRANGED BY MCIM AND CONDUCTED BY NIMA ON SUBJECTS LIKE MEDICOLEGAL SESSIONS, EMERGENCY MEDICINES ETC. ON 27 MAY 2012.
8. PARTICIPATED IN "TADVIDYA SAMBHASHA VIII" ARRANGED AT HAFFKIN'S PAREL ON 16 SEP 2012.
9. POSTER PRESENTED AT SECOND NATIONAL SEMINAR AT PUNE ON "EFFECT OF MADHU ON PRANVAHA STROTAS" ON 19 JAN 2013.
10. PARTICIPATED IN "RADIATION AND CANCER" TRAINING CUM WORKSHOP ORGANISED NY CCRS ON 26 APRIL 2013 AT PRABHADEVI.
11. PAPER PRESENTED AT SEMINAR ORGANISED BY MAASD ON "PULMONOLOGY" ON 28 JULY 2013 AT KHARGHAR ON "STUDY OF PRANAYAMA ON RESPRATION".
12. PAPER PRESENTED AT NATIONAL SEMINAR AT PRACTICAL AYURVED FOR ADVANCE PRACTICE BY PRABHA AYURVED, THANE- 11 OCT 2015
13. PARTICIPATED IN NATIONAL SEMINAR 'AYURKAUSHALYA 2017' AT Y.M.T. AYURVED COLLEGE ON 4,5,6 MARCH 2017.
14. BASIC WORKSHOP IN HEALTH SCIENCES EDUCATION TECHNOLOGY ATTENDED AT MUHS REGIONAL CENTER MUMBAI ON 7, 8, 9 JUNE 2017.
15. PARTICIPATED IN "NIMA DIVICON 2017" ORGANISED BY NIMA AT KALYAN ON 24 DEC 2017.
16. PARTICIPATED IN CCIM TEACHERS TRAINING PROGRAMME ON 24, 25 FEBRUARY 2018.

17. PARTICIPATED IN NATIONAL SEMINAR ORGANISED BY "SHREE VISHWA VYAKYANMALA" AT MULUND ON 25 FEB 2018.
18. PARTICIPATED IN VIDDHAGNI MEGA CAMP ON 7 TH APRIL 2018 AT YMT AYURVED COLLEGE, KHARGHAR.
19. BASIC WORKSHOP IN RESEARCH METHODOLOGY ATTENDED AT G. D. POL YMT DENTAL COLLEGE AND HOSPITAL KHARGHAR NAVI MUMBAI ON 25, 26 AND 27 JULY 2018.
20. WORKSHOP ATTENDED AT DOMBIVALI ON "AYURVED – CLINICAL ORTHOPAEDICS PART 2" ON 31 MARCH 2019
21. WORKED AS STALL COMMITTEE MEMBER AT WORLD AYUSH EXPO 2019 & AROGYA HELD ON 22ND AUG TO 25TH AUG 2019.
22. WORKED AS PCIMH COMMITTEE MEMBER OF RESEARCH METHODOLOGY WORKSHOP AT WORLD AYUSH EXPO 2019 & AROGYA HELD ON 24TH AUG AND 25TH AUG 2019
23. PAPER PRESENTED IN INTERNATIONAL AYURVED SEMINAR AT WORLD AYUSH EXPO 2019 & AROGYA HELD ON 24TH AUG 2019
24. WORKSHOP ATTENDED AT THANE ON "NEURO MUSCULAR DISORDERS AND AYURVED" ON 22 SEPTEMBER 2019
25. LECTURE DELIVERD AT KURLA ON 19 DEC 2019 ON AWARENESS ABOUT VATAJ VIKARA.
26. LECTURE DELIVERD AT CHEMBUR ON 18 JAN 2020 ON AWARENESS ABOUT VATAJ VIKARA.
27. ATTENDED CME OF KRIYA SHARIR FROM 27TH JAN TO 1ST FEB 2020 AT DR. G. D. POL FOUNDATION, YMT AYURVEDIC MEDICAL COLLEGE AND CHARITABLE HOSPITAL, KHARGHAR.
28. WORKED AS ORGANIZING COMMITTEE MEMBER (TREASURER) AT CME KRIYA SHARIR FROM 27TH JAN TO 1ST FEB 2020 AT DR. G. D. POL FOUNDATION, YMT AYURVEDIC MEDICAL COLLEGE AND CHARITABLE HOSPITAL, KHARGHAR.
29. ATTENDED ONLINE WORKSHOP ON COVID-19 OPERATIONAL PLANNING GUIDELINES AND COVID 19 PARTNERS PLATFORM TO SUPPORT COUNTRY PREPAREDNESS AND RESPONSE ON 08TH APRIL 2020 ORGANISED BY WHO.
30. ONLINE WORKSHOP ATTENDED ON TRAINED AYUSH DOCTOR FOR COVID-19 PREPAREDNESS RESPONSE AND CONTAINMENT ORGANISED BY MCIM ON 09-04-2020.

31. ONLINE NATIONAL WEBINAR ATTENDED ON ORGAN DONATION IN COVID – 19 PANDEMIC ORGANISED BY SHALAKYA TANTRA DEPARTMENT OF YMT AYURVEDIC MEDICAL COLLEGE, KHARGHAR ON 06TH SEPTEMBER 2020.
32. ONLINE NATIONAL WEBINAR ATTENDED ON URINARY SYSTEM DISORDER (MUTRAVAHA STROTAS VIKARA) ORGANISED BY SHALYA TANTRA DEPARTMENT OF YMT AYURVEDIC MEDICAL COLLEGE, KHARGHAR ON 16TH SEPTEMBER 2020.
33. ATTENDED ONLINE NATIONAL WEBINAR ON COVID – 19 ORGANISED BY KRIYA SHARIR DEPARTMENT OF YMT AYURVEDIC MEDICAL COLLEGE, KHARGHAR ON 23RD SEPTEMBER 2020.
34. ATTENDED NATIONAL WEBINAR ON NAIDANIK (DIAGNOSTIC) APPROACH OF COVID-19 ORGANISED BY ROGNIDAN DEPARTMENT OF YMT AYURVEDIC MEDICAL COLLEGE, KHARGHAR ON 25TH SEPTEMBER 2020.
35. ONLINE NATIONAL WEBINAR ATTENDED ON COVID CARE IN OBSTETRICS ORGANISED BY STRI ROG AND PRASUTI TANTRA DEPARTMENT OF YMT AYURVEDIC MEDICAL COLLEGE, KHARGHAR ON 28TH SEPTEMBER 2020.
36. ATTENDED ONLINE NATIONAL WEBINAR ON HERBAL TALK ORGANISED BY DRAVYA GUNA DEPARTMENT OF YMT AYURVEDIC MEDICAL COLLEGE, KHARGHAR ON 28TH OCTOBER 2020.
37. INTERNATIONAL ONLINE WEBINAR ATTENDED ON EXPERIMENTAL VALIDATION AND CLINICAL IMPORTANCE OF RASAUSHADHI'S ORGANISED BY RASASHASTRA DEPARTMENT OF YMT AYURVEDIC MEDICAL COLLEGE, KHARGHAR ON 5TH NOVEMBER 2020.
38. NATIONAL WEBINAR ATTENDED ONLINE ON NEW LINES OF APPROACH TO AGADTANTRA ORGANISED BY AGADTANTRA DEPARTMENT OF YMT AYURVEDIC MEDICAL COLLEGE, KHARGHAR ON 10TH NOVEMBER 2020.
39. ATTENDED WEBINAR ON APPLIED PANCHKARMA ON 12 NOV 2020.
40. ATTENDED ONLINE TEACHERS TRAINING PROGRAMME ON 21ST TO 23RD JAN 21 CONDUCTED BY CCIM AND ORGANISED BY RAV
41. ATTENDED ONLINE FACULTY DEVELOPMENT PROGRAMME ON 30TH AND 31ST MARCH 21
42. ATTENDED ONLINE NATIONAL WEBINAR ON THE ROLE OF AYURVEDA IN CARDIAC DISORDERS ON 7TH APRIL 2021
43. ATTENDED WEBINAR ON 22 APRIL 2021 ON APPLIED ASPECT OF PRANVAHA STROTAS.
44. ATTENDED WEBINAR ON 31 MAY 2021 ON APPLIED ASPECT OF STROTAS.
45. ATTENDED WEBINAR ON 8 JUNE 2021 ON APPLIED NATIONAL WEBINAR ON PANCHKARMA.

46. ATTENDED APPLIED ASPECT OF TRIDOSHA GUNA IN CLINICAL PRACTICE ON 12 JUNE 2021.
47. ATTENDED WEBINAR ON 16TH JULY 2021 ON HEALTHY DIET AND MIND
48. NATIONAL WEBINAR ON BHAVMISHRA 1 ON 14 JULY 2021
49. ATTENDED NATIONAL WEBINAR ON HRUTSPANDANA ON 26TH TO 31ST JULY 2021.
50. ATTENDED NATIONAL WEBINAR ON 27TH JULY 2021 ON COVID 19 TODAY AND FUTURE CHALLENGES - PEDIATRIC VIEW.
51. PAPER PRESENTED ON NATIONAL WEBINAR ON 12TH AND 13TH AUGUST 21 ON CHARAKAMRUTA.
52. ATTENDE NATIONAL WEBINAR ON 26 AUGUST 2021, ON ENDOSCOPY FOR BEGINNERS.
53. ATTENDED NATIONAL WEBINAR ON 21ST TO 24TH DEC 2021, ON SANSKRIT SAMHASHAN AND SAMHITA PATHAN.
54. ATTENDED NATIONAL WEBINAR ON ROGVINISCHAYA ON 21 SEPT 2022
55. WORKED AS CO-PI ON CLINICAL TRIAL ENTITLED POST MARKETING STUDY OF CONSTIPATION RELIEF TABLETS IN CHRONIC CONSTIPATION.

PUBLICATIONS-

1. ARTICLE PUBLISHED IN AYURLOG JOURNAL (MAY 2013) – ROLE OF AHARA VIDHI VIDHAN IN TODAYS LIFE
2. ARTICLE PUBLISHED IN IJAPR (MAY 2018) – EFFICACY OF MATRABASTI IN KASHTARTAVA
3. ARTICLE PUBLISHED IN IJAHM (SEPT 2022) - SINGLE CASE REPORT ON EFFECT OF AYURVEDIC TREATMENT REGIMEN IN THE MANAGEMENT OF PSORIASIS.
4. ARTICLE PUBLISHED IN IJAHM (VOLUME 13 - FEB 2023) - RANDOMIZED CLINICAL STUDY TO ASSESS THE EFFICACY OF MATRABASTI ON PURISVAHA STROTODUSHTI.

MUHS ACTIVITIES

1. WORKED AS ASSISTANT EXPERT FOR MUHS KRIYA SHARIR DEC 2017 PRACTICAL EXAMINATION OF UG AND PG.
2. WORKING AS ASSIATANT N.S.S OFFICER.

3. WORKED AS JUNIOR SUPERVISOR OF SUMMER 2018 MUHS EXAMINATION AT Y.M.T. AYURVEDIC COLLEGE.
4. WORKED AS ASSISTANT EXPERT FOR MUHS KRIYA SHARIR JULY 2017 PRACTICAL EXAMINATION OF UG.
5. WORKED AS JUNIOR SUPERVISOR OF WINTER 2018 MUHS EXAMINATION AT Y.M.T. AYURVEDIC COLLEGE.
6. WORKED AS JUNIOR SUPERVISOR OF SUMMER 2019 MUHS EXAMINATION AT Y.M.T. AYURVEDIC COLLEGE.
7. WORKED AS ASSISTANT EXPERT FOR MUHS KRIYA SHARIR DEC 2019 PRACTICAL EXAMINATION OF UG AND PG.
8. WORKED AS JUNIOR SUPERVISOR OF SUMMER 2020 MUHS EXAMINATION AT Y.M.T. AYURVEDIC COLLEGE.
9. WORKED AS JUNIOR SUPERVISOR OF WINTER 2020 MUHS EXAMINATION AT Y.M.T. AYURVEDIC COLLEGE.
10. WORKED AS ASSISTANT EXPERT FOR MUHS KRIYA SHARIR DEC 2020 PRACTICAL EXAMINATION OF UG.
11. WORKED AS UG EVALUATOR OF SUMMER 2020 MUHS EXAMINATION AT PODAR AYURVED MEDICAL COLLEGE FROM 3RD JAN TO 6TH JAN 2021.
12. ATTENDED NSS CAMP AT RAIGAD BETWEEN 7TH MARCH TO 13TH MARCH 21.
13. DELIVERED LECTURE AT RAIGAD ON KUPOSHAN EK SAMASYA AND UPAYA ON 09 MARCH 2021
14. DELIVERED LECTURE ON 25TH MARCH 2021 ON TRANSITIONAL CURRICULUM AT YMTAMC.
15. DELIVERED LECTURE AT RAIGAD ON COVID AWARENESS FOR ASHA WORKER ON MAY 2021
16. WORKED AS ASSISTANT EXPERT FOR MUHS KRIYA SHARIR DEC 2020 PRACTICAL EXAMINATION OF UG.
17. WORKED AS ASSISTANT EXPERT FOR MUHS KRIYA SHARIR JUNE 2021 PRACTICAL EXAMINATION OF UG.
18. WORKED AS UG EVALUATOR OF WINTER 2020 MUHS EXAMINATION AT YMT JULY 21.

19. WORKED AS JUNIOR SUPERVISOR OF WINTER 2020 MUHS EXAMINATION AT Y.M.T. AYURVEDIC COLLEGE.
20. WORKED AS ASSISTANT EXPERT FOR MUHS KRIYA SHARIR 06 SEP 21 PRACTICAL EXAMINATION OF PG.
21. WORKED AS COORDINATOR FOR MUHS RM WORKSHOP 3RD MAY TO 5TH 2022
22. DELIVERED LECTURE AT MUHS BASIC RM ONLINE WORKSHOP 2022
23. DELIVERED LECTURE AT MUHS BASIC RM ONLINE WORKSHOP 2022
24. DELIVERED LECTURE AT MUHS BASIC RM ONLINE WORKSHOP 2022
25. WORKED AS ASSISTANT EXPERT FOR MUHS KRIYA SHARIR 24 AUG 22 PRACTICAL EXAMINATION OF PG.
26. WORKED AS LIC MEMBER THE YEAR 2023-24 (9TH AND 10TH FEB 2024)

OTHER ACTIVITIES

1. DELIVERED VARIOUS LECTURES ON AYURVEDA TO BAMS STUDENTS IN, DR. G.D.POL FOUNDATIONS Y.M.T. AYURVEDIC COLLEGE.DURING POST-GRADUATE STUDIES.
2. ACTIVELY PARTICIPATED & SERVED IN SEVERAL DIAGNOSTIC AND THERAPEUTIC MEDICAL CAMPS, SCHOOL HEALTH CHECK-UPS, HELD IN RURAL, URBAN & SUB-URBAN AREAS BY VARIOUS ORGANIZATIONS.
3. WORKED AS PEER COMMITTEE AT SWASTHAYU PROMOTE HEALTHY LIFESTYLE, 1ST NATIONAL SCIENTIFIC PAPER PRESENTATION COMPETITION HELD ON 27TH FEB 2021& 28TH FEB 2021.
4. POSTED VIDEO ON THE TOPIC "PRAKRUTI" ON DR G D POL FOUNDATION'S YMT AYURVEDIC MEDICAL COLLEGE'S OFFICIAL YOUTUBE CHANNEL ON JAN 2022
5. POSTED VIDEO ON THE TOPIC "ABHYANGA SNAN" ON DR G D POL FOUNDATION'S YMT AYURVEDIC MEDICAL COLLEGE'S OFFICIAL YOUTUBE CHANNEL ON THE OCCASION OF "AYURVEDA DAY" IN THE MONTH OF OCT 2022 (HAR DIN HAR GHAR AYURVED)