

Dr Jyoti Jagtap M D (KAYACHIKITSA)

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9769132371



- Successfully conducting Online certificate course Ayurveda Dietetics and Nutrition (10 Batches)
- Principal at SSO Jain Ayurveda college, Nagothane, Raigad
- Professor and HOD (Swasthavritta and Yoga) at R N Kapoor Ayurveda College, Indore
- Professor and HOD (Swasthavritta and Yoga) at YMT Ayurvedic Medical College, Kharghar
- Director at Pathya Ayurveda Clinic and Diet and Lifestyle Guidance Centre, Kharghar
- Director at Swasthayu Ayurveda clinic, Kharghar
- Section Editor for YMT international journal of ayurvedic system of medicine

Administrative experience - Visitor For NCISM in 2022,2023,2024,2025 worked as committee head for NAAC and NABH process. Academic UG coordinator

Employment History

2008-2009	Chief consultant at Vedanta Ayurveda Clinic, Panvel
2008-2009	Assistant Professor in Kayachikitsa at SDM trust Ayurvedic Medical College, Karnataka
2009-2015	Assistant Professor in Swasthavritta and Yoga at YMT Ayurvedic Medical College, Kharghar
2015-2021	Associate Professor in Swasthavritta and Yoga at YMT Ayurvedic Medical College, Kharghar
2022- FEB 2023	Professor in Swasthavritta and Yoga at YMT Ayurvedic Medical College, Kharghar
MARCH 2023	Professor in Swasthavritta and Yoga at R N Kapoor Ayurvedic college, Indore
AUGUST 2024	Principal of SSO Jain Ayurveda College, Nagothane

Education Details

2003-2004	BAMS	Maharashtra University Of Health Sciences
2008	MD Kayachikitsa	Nagpur University
2016	Certificate course in Yoga Teacher training	AYURYOG Institute
2023	Certificate course in Dietetics and Nutrition	NHCA Singapore

2025	Certificate course in digital health	MUHS
2025	DIGITAL HEALTH FOUNDATION COURSE	MUHS

Achievements

- Prize for Research Article from Dr Sunanda and Dr Subhash Ranade Foundation
- Second prize for Poster presentation at Ayurmanobodh National Seminar for Diet And Mental Health

Publications

2022	Book – Vyaadhisapeksha Ahar (ISBN Registered)
2025	Anatomy simplified sharir rachana and rapid revision(ISBN Registered)
2026	Ahar Ved

Scientific Paper Publication- 11

Scientific Paper Presentation – 2 national 2 international

National Conference Attended - 13

International Conference Attended – 7

Speaker/ Guest Lecture –

- Ayurvedic Diet Importance at R A Poddar Ayurvedic College, Mumbai
- Diet in Pregnancy at Mulund
- Diet in Fever at Ayurved Vyaspeeth
- Many Online lectures

Professional skills

MUHS Workshops	
Research Methodology Basic	2013
Research Methodology Basic	2015
Medical Education technology – Basic	2015
Research methodology Advanced	2021
Medical Education technology -Basic	2021

Re Orientation Training Programme	
ROTP at Sawantwadi	2010

ROTP at DY Patil, Pune	2016
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TTT by CCIM	
YMT Ayurvedic College, Kharghar	2018

Community Service-

Many lectures delivered for common people on online and offline platform for Awareness related Aahar and Yoga

Worked for Aarogya Bharati

Member of Ayurveda Vyaaspeeth

Special Interest- Ayurveda Nutrition and Dietetics ,Neuromuscular diseases, PCOS, Allergy and IBS

Sr. no	Publication Type (National/ International)	Publication Year	Publication Number (ISBN)	Title	Publication Details	Author Type (First/ Second)
1.	National	2014	ISSN: 2320-7329	CASE REPORT OF ANOSMIA AND AGEUSIA	Ayurlog: National Journal of Research in Ayurved Science	Second
2.	International	2015	ISSN – 2347 6362	CLINICAL CO-REATION OF YAKRUT AND RAKTADHARA KALA	International Journal of Applied Ayurved Research	Second
3.	International	2015	ISSN – 2347 6362	CONCEPTUAL STUDY OF SUSHRUTOKTA AVAYAV UTPATTI SIDDHANTA	International Journal of Applied Ayurved Research	Second
4.	International	2015	ISSN – 2347 6362	ENLIGHTNING EPIGENETICS THROUGH AYURVEDA AND IT'S ROLE IN FUTURE	International Journal of Applied Ayurved Research	Second
5.	International	2016	ISSN : 2249-5746	A Case Report of Pyelonephritis And Its Ayurvedic Management	International Journal of Ayurvedic and Herbal Medicine	First
6.	National	2018	ISSN 2278-0726	Three Germ Layers – Tridosh Sambandh	Ayurved Patrika	Second

7.	National	2018	ISSN: 0974- 6994	Fertilization to Implantation' Described By Sushruta: A Literature Study	Indian Journal of Ancient Medicine and Yoga	Second
8.	International	2019	ISSN : 2249- 5746	Critical Review Of Concept Of Manovaha Srotas With Special Reference To Brain	International Journal of Ayurvedic and Herbal Medicine	Second
9.	International	2019	ISSN: 2637- 7403	Correlating Three Germ Layers and Tridosha – A Conceptual Study	Journal of Ageing and Restorative Medicine	First
10.	National	2020	ISSN : 2278- 0726	Stana Anukta Matruja Avayav	Ayurved Patrika	Second
11.	National	2022	ISSN : 2278- 0726	Rasavalokan madur rasa	Ayurved Patrika	first
12.	International	2022	EISSN : 2583- 4320	Future Impact of Implementation of New MSE by NCISM on 1 BAMS students	YMT INTERNATIONAL JOURNAL OF AYURVEDIC SYSTEM OF MEDICINE (YIJASM)	second
13.	International	2023	ISSN : 2249- 5746	Enlightening concept of functional food in Ayurveda	International journal of Applied Ayurveda research	First

14.	International	2023	ISSN: 2322-0902	A review of Tailavarga (Edible Vegetable Oils) according to Bruhatrayi	International Journal of Ayurveda and Pharma Research Vol 11. September Suppl 4	First
15.	National	2023	ISSN : 2278-0726	Rasavalokan – Amla rasa	Ayurved Patrika	First
16.	International	2024	EISSN : 2583-4320	Importance Of Shadarasa Balance In The Diet For The Disease Management	YMT INTERNATIONAL JOURNAL OF AYURVEDIC SYSTEM OF MEDICINE (YIJASM)	First
17.	International	2025	EISSN : 2583-4320	Exploring Nutrient Metabolism in Ayurveda: Uncovering Ancient Insight	YMT INTERNATIONAL JOURNAL OF AYURVEDIC SYSTEM OF MEDICINE (YIJASM)	First
18.	International	2025	EISSN	Digitalization in Ayurveda: Scope, Benefits and challenges	CSSMS International journal of ISM	First