

**SHREEMATI SHANTIBAI OTARMAL JAIN AYURVEDIC MEDICAL COLLEGE**

AT. VELSHE, PO. PIGONDE, TAL. ROHA, DIST. RAIGAD - 402106

**TIME TABLE FOR BATCH F.Y.B.A.M.S 2025 – 26 w.e.f 1<sup>st</sup> Feb 2026 (9:30AM-4:30PM)**

DAY	9:30 to 10:30	10:30 to 11:30	11:30 to 12:30	12:30 to 1:00	1 to 2	2 to 2:30	2:30 to 4:30
MONDAY	RACHANA SHARIR Dr. Akshada Bhor	SAMHITA Dr. Rekha Pandey/ Dr. Sapana Daspute	RACHANA SHARIR Dr. Ravindra Wawre	L	SAMHITA Dr. Sapana Daspute/ Dr. Rekha Pandey	SAMHITA PARAYAN Dr. Rekha Pandey/ Dr. Sapana Daspute	Batch - A RACHANA SHARIR (Dr. Ravindra Waware) BATCH - B KRIYA SHARIR (Dr. Supriya Chikhalekar)
TUESDAY	RACHANA SHARIR Dr. Akshada Bhor	KRIYA SHARIR Dr. Namrata Vengurlekar	SAMHITA Dr. Rekha Pandey (NLH)	U	Batch - B RACHANA SHARIR (Dr. Akshada Bhor) BATCH - A KRIYA SHARIR (Dr. Supriya Chikhalekar)	SAMHITA PARAYAN Dr. Rekha Pandey/ Dr. Sapana Daspute	Sanskrit Mrs. Gayatri Tulpule
WEDNESDAY	PADARTH Dr. Varsha Mali	RACHANA SHARIR Dr. Smita Mekhale	KRIYA SHARIR Dr. Supriya Chikhalekar/ Dr. Jyoti Jangale	N	PADARTH Dr. Varsha Mali	SAMHITA PARAYAN Dr. Varsha Mali/ Dr. Rekha Pandey	Batch - A RACHANA SHARIR (Dr. Akshada Bhor) BATCH - B KRIYA SHARIR (Dr. Supriya Chikhalekar/Dr. Jyoti Jangale)
THURSDAY	RACHANA SHARIR Dr. Akshada Bhor/ Dr. Ravindra Waware (NLH)	KRIYA SHARIR Dr. Supriya Chikhalekar (NLH) /Dr. Namrata Vengurlekar	SAMHITA Dr. Rekha Pandey	C	Batch - B RACHANA SHARIR (Dr. Akshada Bhor/ Dr. Ravindra Waware) BATCH - A KRIYA SHARIR (Dr. Supriya Chikhalekar/Dr. Jyoti Jangale)	SAMHITA PARAYAN Dr. Rekha Pandey/Dr. Sapana Daspute	Sanskrit Mrs. Gayatri Tulpule
FRIDAY	KRIYA SHARIR Dr. Jyoti Jangale	RACHANA SHARIR Dr. Akshada Bhor/ Dr. Smita Mekhale	SAMHITA Dr. Rekha Pandey/ Dr. Varsha Mali	H	RACHANA SHARIR Dr. Akshada Bhor/ Dr. Smita Mekhale	SAMHITA PARAYAN Dr. Rekha Pandey/ Dr. Varsha Mali/ Dr. Sapana Daspute	Batch - A RACHANA SHARIR (Dr. Ravindra Waware) BATCH - B KRIYA SHARIR (Dr. Supriya Chikhalekar)
SATURDAY	SAMHITA Dr. Sapana Daspute/ Dr. Rekha Pandey	RACHANA SHARIR Dr. Akshada Bhor/ Dr. Kranti Metkar	KRIYA SHARIR Dr. Supriya Chikhalekar		SAMHITA Dr. Sapana Daspute/ Dr. Rekha Pandey	Preceptor Meet/Extra-Curricular Activity/Library	Batch - B RACHANA SHARIR (Dr. Akshada Bhor) BATCH - A KRIYA SHARIR (Dr. Supriya Chikhalekar)

AI - AYURVED ITHIHAS, PV - PADARTH VIDYAN, NLH - Non Lecture Hours

- 1] SAMBHASHAN SHIBIRA (SPOKEN SANSKRIT CLASS) ON EVERY 2<sup>nd</sup> THURSDAY OF EVERY MONTH THROUGH OUT THE YEAR.
- 2] RECREATIONAL ACTIVITY ON SANSKRIT LANGUAGE ON EVERY LAST THURSDAY OF EVERY MONTH THROUGHOUT THE YEAR.
- 3] SAMHITA PARAYANA MONDAY TO FRIDAY THROUGH OUT YEAR 30 MINS AFTER CLASSES TIMING 2:00 PM TO 2:30 PM.
- 4] PRECEPTOR MEETING WILL BE ON THE LAST SATURDAY OF EACH THIRD MONTH AFTER ADMISSIONS.
- 5] 6 DAYS OF CLINICAL TRAINING IN EXTERNAL INSTITUTE.
- 6] EVERY SATURDAY, 5<sup>th</sup> LECTURE IS ALLOTTED FOR EXTRA-CURRICULAR ACTIVITIES (LIBRARY HOUR, WEBINARS, OPO VISIT, CLASS ACTIVITIES, ETC)